



Conejo Valley Unified School District Instructional Services Division

Notice to Parents and Guardians of Physical Education Requirement

Pursuant to California Education Code Section 51210(g) you are hereby notified that: Physical education, with emphasis upon the physical activities for the pupils that may be conducive to health and vigor of body and mind, shall occur for a total period of time of not less than 200 minutes each 10 schooldays, exclusive of recesses and the lunch period.

If you have questions regarding physical education minutes, please contact your child's teacher or principal. If you have additional questions not addressed at the school level, contact the following District representative:

Mrs. Sonia Wilson
Director of Elementary Education,
Title 1 Program Implementation
Conejo Valley Unified School District
1400 E. Janss Road
Thousand Oaks, California 91362
Telephone: 805-497-9511, extension 245
Email: smwilson@conejousd.org

A complaint form may be downloaded from the District website at www.conejousd.org.